

Prescribing Information

Composition: K2Cal™ Tablet: Each tablet contains

Ingredients	Strength
Calcium (Red Algae)	500 mg
Vitamin D ₃ (as Cholecalciferol)	1000 IU
Vitamin K ₂ (as Menaquinone-7)	45 mcg

Indications and Usage:

K2Cal™ is indicated for treatment and prevention of-

- Deficiency of Calcium, Vitamin D₃ & Vitamin K₂
- Osteomalacia
- Osteoarthritis
- Tetany
- Hyperphosphatemia
- Osteoporosis
- Hypoparathyroidism
- Pregnancy & Lactation

Dosage and Administration:

Orally 1 tablet 1-2 times daily after a meal or as advised by the physician.

Contraindications:

Patients with known hypersensitivity to Vitamin K₂, Calcium & Vitamin D₃. Contraindicated for hypercalcemia, hyperparathyroidism, bone metastasis, renal insufficiency, severe hypercalciuria and renal calculi.

Pregnancy and Lactation:

Can be given to pregnant and lactating mothers or as advised by the physician.

Side Effects:

Well tolerated at recommended dose. Flatulence, diarrhea, constipation and allergic reactions may occur occasionally.

Drug Interactions:

Menaquinone-7 may alter the effect of Warfarin. Concomitant use with Orlistat may decrease the absorption of Menaquinone-7. Oral Calcium can reduce the absorption of Tetracycline and Fluoride preparations; thus minimum 3 hours should be allowed between ingestions of these medications. Thiazide diuretics reduce the renal excretion of Calcium. Concomitant ingestion of certain foods like spinach, cereals, milk, and its derivatives may reduce the intestinal uptake of Calcium. Glucocorticoids, Barbiturates, Phenytoin may induce the metabolism of Vitamin D₃.

Packs:

K2Cal™ Tablet: Each box contains 30 tablets in Alu-Alu blister pack.